

EXCEL Shared Decision Making - Discharge Planning

Patients undergoing elective joint replacement through the EXCEL Program have two recovery options:

- Same-Day Discharge
- Recovery Suite Overnight Stay

What Is Same-Day Discharge?

You return home the same day as your surgery—patients will leave the surgery center when they have safely met discharge criteria to discharge home.

Is It Safe?

Yes. Research shows same-day discharge is just as safe and effective as staying overnight in a hospital.

Is It Right for Me?

You and your surgeon will decide based on your health and home support. If you're generally healthy and have help at home, this is a good option.

Benefits

Some patients prefer recovering at home and report high satisfaction. Risks of complications are no greater than with an overnight stay.

Pain Management

Modern medications and techniques during surgery help manage pain effectively. Before discharge, you'll be evaluated and receive instructions for home exercise, recovery and pain management.

Is There a Difference in Cost?

There is no difference in cost in returning home the same day or staying in the recover suite.

What Is Recovery Suite Overnight?

You spend the night in a TCO-managed recovery suite in a location separate from the surgery center. Suites are staffed 24/7 by RNs. All patients discharge home the following morning around 10am.

Is It Safe?

Yes. TCO has been providing care since 2012 in the Recovery Suite model.

Is It Right for Me?

You and your surgeon will decide based on your health and home support. If you have multiple medical diagnosis or the surgeon feels additional monitoring is needed, this is a good option.

Benefits

Some patients prefer having the additional support for the first night after surgery. Risks of complications are no greater than with same-day discharge.

Pain Management

Modern medications and techniques during surgery help manage pain effectively. Nurses will assist in pain management during the overnight stay. Before discharge, you'll receive instructions for home exercise, recovery and pain management.

Is There a Difference in Cost?

There is no difference in cost in returning home the same day or staying in the recover suite.

The option circled above is what my surgeon and I decided on together as the best post-surgery plan.

Patient Signature _____ Date _____ Surgeon Signature _____ Date _____

Patient to retain copy and copy to be scanned into the chart